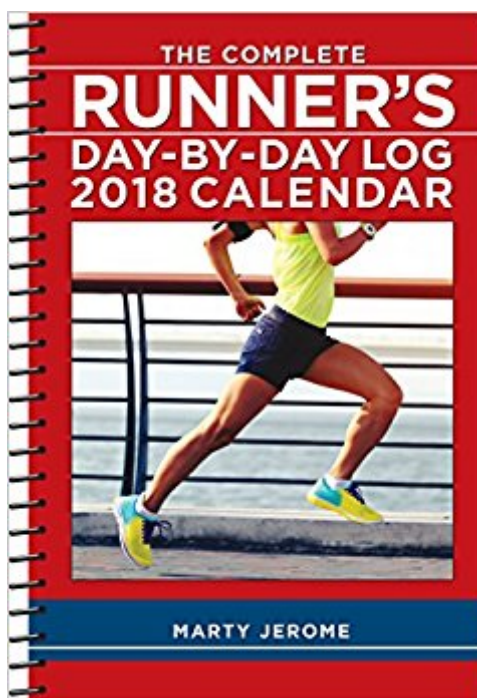


The book was found

The Complete Runner's Day-By-Day Log 2018 Calendar



Synopsis

The Complete Runner's Day-By-Day Log 2018 Calendar by Marty Jerome has been the preferred running journal among runners for more than 30 years. This running log/calendar features spiral-bound pages and includes tips, quotes, full-color photographs, lots of space for recording times, miles, and notes, and Marty Jerome's insightful monthly essays.

Book Information

Calendar: 144 pages

Publisher: Andrews McMeel Publishing; Egmt Spi edition (August 1, 2017)

Language: English

ISBN-10: 1449482317

ISBN-13: 978-1449482312

Product Dimensions: 6.5 x 0.6 x 9.2 inches

Shipping Weight: 12.6 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 2 customer reviews

Best Sellers Rank: #45,537 in Books (See Top 100 in Books) #55 in Books > Health, Fitness & Dieting > Exercise & Fitness > Running & Jogging #167 in Books > Calendars #199 in Books > Sports & Outdoors > Individual Sports

Customer Reviews

Great calendar for keeping track of runs!

Very happy with this log. Already filling out my plans for races next year!

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